# Federal Employee Occupational Safety and Health Program Plan for Department of Energy Headquarters Federal Employees

**April 2001** 

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U.S. Department of Energy Washington, D.C. 20585

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# Federal Employee Occupational Safety and Health Program Plan for DOE Headquarters Federal Employees

#### **POLICY STATEMENT**

"The Department of Energy (DOE) is committed to providing safe and healthful working conditions for its federal employees. This commitment is implemented through an effective Federal Employee Occupational Safety and Health (FEOSH) Program for Headquarters employees that builds upon the Department's integrated safety management core functions and guiding principles. The Department considers employee safety and health to be its number one priority. As such, each Headquarters element must implement practices that afford optimal protection of its employees.

The FEOSH Program for DOE Headquarters federal employees is designed to be 'owned' and implemented by all Headquarters managers and employees. The program's success depends in great measure upon open and honest communication between employees and management. This team approach facilitates the recognition of existing and emerging safety and health concerns and the timely application of appropriate mitigative actions. It is critical that all Headquarters personnel become involved in seeking and suggesting ways to improve the effectiveness of the FEOSH Program for Headquarters employees. Our shared goal in this program is for all of us to return home to our families at the end of each workday with no work-related injury or illness."

Secretary of Energy		

# 1.0 Purpose.

The purpose of this document is to describe the Federal Employee Occupational Safety and Health (FEOSH) Program for the Department of Energy (DOE) Headquarters federal employees. This document provides all Headquarters personnel with the information, and references to additional information, needed to understand how to provide a safe and healthful work environment.

# 2.0 Background.

The Department believes that successful implementation of a FEOSH Program for its employees requires integration into other safety and health programs and initiatives, as well as the full inclusion and integration of safety and health into the totality of work, such that it is an integral part of the whole, not a stand-alone program. The Department believes that integration of the FEOSH Program for its Headquarters employees will be achieved by applying the integrated safety management (ISM) core functions and guiding principles as described in DOE Publication 450.4, *Safety Management System Policy*:

#### A. Core Functions:

- Define the Scope of Work
- Analyze the Hazards
- Develop and Implement Hazard Controls
- Perform Work within Controls
- Provide Feedback and Continuous Improvement

#### B. Guiding Principles:

- Line Management Responsibility for Safety
- Clear Roles and Responsibilities
- Competence Commensurate with Responsibilities
- Balanced Priorities
- Identification of Safety Standards and Requirements
- Hazard Controls Tailored to Work Being Performed
- Operations Authorization

FEOSH Program requirements are established by statutes, regulations, and orders. By law (Section 19(a) of the Occupational Safety and Health Act of 1970, as amended), each Federal agency is required to develop and implement a safety and health program that is designed to protect its federal employees from workplace hazards, illnesses, and injuries. Furthermore, each agency must appoint a Designated Agency Safety and Health Official (DASHO) who is responsible for monitoring and reporting on the effective management and implementation of the agency's FEOSH Program(s). The Assistant Secretary for Environment, Safety and Health is the appointed DASHO for DOE.

The requirements for the FEOSH Program are specified in:

- Section 19 of the Occupational Safety and Health Act of 1970, Public Law 91-596, 91<sup>st</sup> Congress, S. 2193, December 29, 1970
- Executive Order 12196, Occupational Safety and Health Programs for Federal Employees
- Title 29 Code of Federal Regulations, Part 1960 (29 CFR 1960), *Elements for Federal Employee Occupational Safety and Health Programs*
- Title 10 CFR Part 835, Occupational Radiation Protection
- Title 10 CFR Part 850, Chronic Beryllium Disease Prevention Program
- DOE Order 440.1A, Worker Protection Management for DOE Federal and Contractor Employees
- DOE Order 442.1, Department of Energy Employee Concerns Program
- DOE P 450.4, Safety Management System Policy

Within DOE, line management is responsible and accountable for the safety and health of their employees. As such, each Headquarters departmental element is required to implement a FEOSH Program for their employees. The Office of Safety and Health (EH-5) provides essential policy, guidance, and consultation to other departmental elements to effect consistent and compatible FEOSH programs throughout the Department. The Office of Management and Administration (MA) is the Safety and Health Manager for Headquarters, see section 4.1.2. Each Headquarters departmental element must designate a FEOSH safety and health coordinator for their respective organization to assist the Safety and Health Manager in implementing the FEOSH program.

## 3.0 Applicability.

The policies and guidelines contained within this document apply to all Headquarters federal personnel. Headquarters line managers must ensure: 1) that their employees become familiar with this document and abide by its policies; and 2) that contractors located in their space and occasional visitors are afforded safe and healthful working conditions.

# 4.0 Program Structure.

Four key elements must exist to implement an effective FEOSH Program for Headquarters employees. These four program elements, described by the Department of Labor (DOL) in their *Safety and Health Program Management Guidelines*, January 26, 1989, are consistent with the Department's ISM policy which is the cornerstone of the DOE's safety and health program. The elements are:

- Management commitment and employee involvement;
- Workplace hazard analysis;
- Hazard prevention and control; and
- Safety and health training.

The following sections provide detailed discussions of these program elements.

# 4.1 Management Commitment and Employee Involvement.

Management responsibility is one of the ISM guiding principles. Headquarters management commitment is critical to the successful implementation of the FEOSH Program for Headquarters employees. In an effective program, management regards worker safety and health as a fundamental value to be pursued with as much vigor as other organizational goals.

Headquarters employee involvement also is critical to the successful implementation of the FEOSH Program for Headquarters employees. Headquarters employee involvement provides the means through which workers develop and/or express their commitment to safe and healthful practices for themselves and for their fellow workers.

# 4.1.1 Headquarters Line Management Responsibilities.

Headquarters line management is responsible for the overall integrity and implementation of the FEOSH Program for Headquarters employees. In order to implement an effective program, Headquarters line management **must support** awareness activities; workplace inspections; investigation of safety and health concerns; hazard communication, abatement, and control; employee training; and other safety- and health-related initiatives. Headquarters line managers and supervisors are responsible for the safety and health practices of their employees in their respective work areas and in the pursuit of their work activities when away from their assigned office. Furthermore, supervisors have the authority to remove an employee from their work area or to implement a stop-work mandate if they perceive a real or potential threat to the worker's health or safety or that of others.

Additionally, Headquarters line managers must, under the provisions 20 CFR 1960, post the responsibilities of both its managers and employees, the rights of employees and their representatives, **the name of the Safety and Health Manager**, **the FEOSH safety and health coordinator**, and the DASHO. This information is accurately summarized on the **FEOSH Poster**, **available through EH-5**, and must be displayed where Headquarters employees work and congregate.

Headquarters line managers also have certain responsibilities related to recordkeeping practices. Line managers must: 1) ensure that recordkeeping procedures are implemented for their organizations; 2) designate a FEOSH safety and health coordinator to coordinate with the EH subject matter experts (Appendix A) and the Safety and Health Manager in implementing recordkeeping procedures; and 3) ensure that records created from workplace inspections, hazard analyses and surveys, exposure monitoring, medical surveillance, worker process and procedure reviews, employee safety and health concerns, or other FEOSH-related activities are in accordance with DOE Order 440.1A and maintained in accordance with DOE Order 1324.5B, *Records Management Program*, and Federal confidentiality requirements. Records

reflecting inspections, hazard analyses, employee concerns, and work practices must also be accessible to employees and their representatives upon request. Headquarters employees may access their personal health record by contacting the Manager, Dependent and Health Care Services Program (MA-3), who is the manager of the Germantown and Forrestal Federal Employee Health Units.

# 4.1.2 Headquarters Safety and Health Manager Responsibilities.

Each Headquarters Departmental element must designate a **FEOSH safety and health** coordinator for their respective organization. The safety and health coordinator is expected to coordinate their program FEOSH activities with the Safety and Health Manager. The Safety and Health Manager must perform his or her duties and responsibilities in accordance with the requirements in 29 CFR 1960. To ensure that Headquarters employees participate in FEOSH activities and are protected from unsafe and unhealthful working conditions, the Safety and Health Manager is responsible for the following aspects of the Program:

- Administer the FEOSH Program activity for their respective employees.
- Ensure that required **Headquarters** workplace inspections are conducted.
- Target safety and health activities in high-risk or identified problem areas.
- Assist in the investigation of employee concerns and reports of unsafe/unhealthful working conditions.
- Facilitate prompt abatement of occupational safety and health hazards, and monitors progress.
- Encourage employee participation and involvement.
- Provide regular feedback to management concerning occupational safety and health hazards.

#### 4.1.3 Employee Rights and Responsibilities.

All Headquarters employees have rights as well as responsibilities in maintaining a safe and healthful workplace. Headquarters employees have the right to:

- Work in an environment that is safe and devoid of known occupational hazards and health risks.
- Know what identified occupational hazards exist, and the corrective actions taken to eliminate or reduce those risks.
- Stop work IMMEDIATELY without fear of reprisal, should a situation arise that puts them or a co-worker in immediate danger.
- Report unsafe work conditions or practices to their supervisor, Safety and Health Manager, their Deputy Assistant Secretary, the Office of Management and Administration (MA), the National Treasury Employees Union (NTEU), the Occupational Safety and Health Administration (OSHA), or any other

appropriate authority, without fear of reprisal and receive timely notification when the issue is adequately resolved.

Request inspections of unsafe or unhealthful working conditions.

Headquarters employee responsibilities go hand-in-hand with employee rights. Commensurate with the right to work in a safe and healthful environment is the responsibility to act in ways that promote safety. Specifically, employees must:

- Comply with applicable **OSHA laws**, and DOE safety and health **implementing** policies and directives.
- When at other DOE facilities on official government travel, follow all sitespecific policies and procedures (e.g., training requirements, use of personnel protective equipment, wearing dosimeters, etc.) that have been established by the respective DOE field offices or their operating contractors.
- Know the location of, and the information contained on, the Material Safety
  Data Sheets for the chemicals contained in their work area while in
  Departmental-occupied space or on travel.
- Report recognized hazards to their immediate supervisor.
- Stop work immediately if they perceive a real or potential risk of injury to either themselves or a co-worker.
- Report work-related injuries or illnesses to their supervisor.

#### 4.1.4 Reporting Employee Concerns and Hazards.

Identification and reporting of potentially unsafe or unhealthful working conditions is the responsibility of all Headquarters employees or their representatives. Conditions reported may include environmental, occupational safety or health related hazards or concerns, and facility-related issues. Since many conditions can be eliminated as soon as they are identified, an effective channel of oral or written communication is imperative in the development of a sound FEOSH Program for Headquarters employees. Appendix B provides details of the Employee Concerns Program, including responsibilities and procedures, should initial actions taken to resolve an employee concern are felt to be inadequate by the employee.

## 4.2 Analysis of Hazards in the Workplace.

Analysis of hazards is an ISM core function. Headquarters managers and employees must analyze the hazards to employees at their normal work station and while on official travel.

Hazard analysis is a comprehensive process for identifying existing and potential workplace conditions that have the capability of causing employee injury or illness. The process helps to foster continuous improvement in safety and health, to ensure compliance with DOE and other federal safety and health requirements, and to establish a safe work environment.

The following methods can be used to identify work-related hazards faced by Headquarters employees in Department occupied space or while on official travel:

- Hazard analysis (e.g., job safety analysis and comprehensive safety and health surveys)
- Accident/incident investigations
- Routine self-assessment
- Inspections

<u>Hazard analysis</u> of a work activity can be conducted either informally or formally. Hazard identification is most effective when performed informally during the course of daily work activities by supervisory and non-supervisory employees and qualified safety and health professionals. Formal hazard analysis requires more planning and is accomplished by trained safety specialists experienced in recognizing hazards in specific work areas and activities. A formal hazard analysis usually includes job safety analysis, process hazard analysis, comprehensive safety and health surveys, and investigations arising from employee concerns. The primary goal for identifying hazards in the workplace or activity is to determine why they exist so effective mitigating actions can be taken.

<u>Accident investigation</u> is a systematic search to uncover facts and details of a loss-producing event and to determine what recommendations and corrective actions are needed in order to prevent a recurrence.

<u>Self-assessment</u> is a systematic process of evaluating the effectiveness of safety and health policies and programs as well as the systems that support them. The most basic form of self-assessment is conducting daily walk-throughs of the work space and regular review of work activities. Workers and supervisors can evaluate their own work areas and activities by periodically conducting informal safety inspections and reviews with the intent of identifying hazardous working conditions or activities. The ability to identify and correct noted deficiencies greatly enhances the benefit of performing a self-assessment.

<u>Inspections</u> of work areas help to improve employee safety and health. Types of inspections vary but usually fall into three main categories: periodic/annual, compliance-oriented, and employee concerns. In general, the objective of an inspection is to improve employee working conditions through systematic identification and subsequent abatement of hazards. Periodic inspections help to provide a continuous assessment of the work areas whereas compliance-based inspections usually target high-risk problem areas. Inspections in response to reported employee concerns evaluate the alleged unsafe or unhealthful working conditions. Conditions prompting the employee concern must be inspected within 24 hours for imminent danger situations, within 3 days for potentially serious allegations, and within 20 days for all other conditions.

Note: Since MA-211 is responsible for building maintenance and correction of

related hazards for the Forrestal and Germantown facilities, as well as being the point-of-contact for the General Services Administration (GSA) leased space, the annual inspection of work spaces, as required by 29 CFR 1960, will be jointly performed by MA-211(Safety and Health Manager), the organizational element's FEOSH point-of-contact, and NTEU. Each Organizational element will review its high-risk activities that take place away from their occupied space.

Notices of unsafe and unhealthful working conditions resulting from OSHA inspections, affecting Headquarters employees and/or their work areas, will be posted in accordance with requirements in 29 CFR 1960. Headquarters management will also be informed of unsafe and unhealthful conditions affecting their employees and/or their work areas identified through internal DOE inspection activity, e.g., annual FEOSH walk-through. NTEU representatives will be advised on inspection findings and abatement plans, also in accordance with 29 CFR 1960.

The work-related hazards faced by the majority of Headquarters employees fall into two main categories. The first category is hazards most commonly associated with an office environment. These include, but are not limited to, design of computer workstations, uneven walking surfaces, use of electrical equipment, and office clutter.

The second category is hazards associated with performing site visits at DOE facilities and traveling outside the United States. Unique hazards for Headquarters employees traveling to DOE facilities are the potential for exposure to radioactive materials or radiation generating devices and beryllium.

Headquarters managers and employees must comply with the requirements of 10 CFR 835, *Occupational Radiation Protection*, revised January 1, 1999. Specifically, Headquarters managers and employees should consult Appendix C of this document before traveling to a DOE facility for activities that include potential exposure to radioactive materials or radiation generating devices.

Headquarters managers and employees must comply with the requirements of 10 CFR 850, *Chronic Beryllium Disease Prevention Program*, published December 8, 1999, for those employees who travel to facilities that present the potential for exposure to airborne beryllium particles. Specifically, line managers and employees must comply with the Department's *Chronic Beryllium Disease Prevention Program (CBDPP) for Headquarters Federal Employees* which is contained in Appendix D of this document. Appendix E summarizes the procedures and responsibilities of the Headquarters CBDPP Medical Surveillance Program.

Prior to departure, all Headquarters employees traveling outside the United States should consult with the medical personnel of the health unit regarding travel advisories, health precautions, and suggested immunizations to reduce the risk of travel-related illnesses or other

health consequences of travel abroad.

#### **4.3** Hazard Prevention and Control

Developing and implementing hazard controls is an ISM core function. Line managers and employees must prevent or control the real or potential hazards that are identified. Federal and DOE requirements for hazard abatement are found in 29 CFR 1960.30, 10 CFR 835, 10 CFR 850, and DOE Order 440.1A.

The safety and health of an employee should be considered during the earliest stages of facility design, work or activity planning, and travel. However, employees may face new and previously unpredicted hazards that must be corrected or abated as they arise. For hazards newly identified in the workplace or during a work activity, corrective actions must be prioritized according to worker risk. If a hazard cannot be corrected on the spot, then prompt interim protective measures must be taken prior to its final abatement.

Hazard prevention and control can be accomplished via:

- Engineering controls
- Work practice controls
- Administrative controls
- Preventative maintenance
- Emergency preparedness
- Personal protective equipment
- Occupational medical programs

An important element of a hazard prevention and control program is employee safety and health awareness. Headquarters employees can obtain basic safety and health information about their office environment while reviewing Module 3 of the *FEOSH Orientation*, located on the FEOSH web site, Pubs and Reports page (<a href="http://tis.eh.doe.gov/feosh/">http://tis.eh.doe.gov/feosh/</a>). Module 3, "Recognizing and Preventing Hazards in the Workplace," focuses on providing employees with tips on recognizing, preventing, and eliminating common workplace-related hazards. Examples of hazards covered in the module are electrical, fire, chemical, and housekeeping. Module 3 also provides employees with general information on how to adjust their computer workstation to make it more ergonomically aligned. The Safety and Health Manager can also provide additional information and guidance on these and other safety and health-related topics.

Headquarters employees need to prevent hazards where they can. For example:

- 1. Prior to travel, know the scope of work that is expected of you, and the need for training, monitoring, personal protective equipment, and medical clearance.
- 2. If travel is outside the United States, contact the Physician at the health unit about specific health precautions, travel advisories, and need for immunizations, that are recommended by the World Health Organization and the Centers for Disease Control.
- 3. During DOE-related travel, if a Headquarters employee has a medical/health examination in order to obtain a "clearance" to perform his or her assigned duties (e.g., respirator clearance), a copy of the examination/clearance form should be provided to the employee by the Physician at the Headquarters health unit.
- 4. If a Headquarters employee is the subject of exposure monitoring during DOE-related travel, the exposure monitoring data should be forwarded to the appropriate Headquarters health unit for inclusion in the employee's medical record.

At any time, if a Headquarters employee becomes aware of a previously unidentified hazard or perceives a risk of potential injury or exposure to chemical, ergonomic, or physical (including radiological) hazards, the employee should notify their supervisor immediately. If the risk of bodily harm is great, the employee should stop work until a safety or health specialist can evaluate the offending hazard. If the hazard is facility-related, whether the building is Headquarters or GSA-leased, the procedures in Section 4.1.4, *Reporting Employee Concerns and Hazards*, should be followed.

Appendix A provides a listing of EH subject matter experts that can be contacted to provide additional information on specific hazards.

# 4.4 Safety and Health Training.

Competence commensurate with responsibilities is an ISM guiding principle. All Headquarters employees must have the needed skills to perform their tasks in a safe and healthful manner. Beyond a generalized safety and health orientation, all other training should focus on helping employees meet their environment, safety, and health performance requirements, satisfy DOE and other regulatory requirements, and allow for future professional growth.

Safety and health training can be delivered through a variety of methods. Examples are:

- Orientation sessions that provide a general awareness of a specific topic;
- Formal classroom style including courses, seminars, conferences, andexpositions devoted to a more in-depth training in a specific topic; and

• Approved on-the-job training for skill-related activities where hands-on operations are performed.

If training has been successful, employees will display their acquired safety and health knowledge through:

- Exhibiting a thorough knowledge of their rights, roles, and responsibilities;
- Reporting worksite incidents and accidents;
- Identifying and reporting real or potential worksite and work activity hazards;
   and
- Using appropriate safeguards in the performance of their assigned duties.

As previously stated in this document, a comprehensive orientation to the FEOSH Program and basic safety and health training is available to all Headquarters employees on the FEOSH web site, Pubs and Reports page, *FEOSH Orientation* at <a href="http://tis.eh.doe.gov/feosh/">http://tis.eh.doe.gov/feosh/</a>. Headquarters employees should consult with their training coordinators on the availability of other in-house or contractor-sponsored safety and health training. Also, DOE Program Office and field safety and health managers may be contacted regarding training that is specific to hazards that may be encountered while visiting a DOE facility.

Headquarters employees should have an initial training session in the basic elements of 29 CFR 1960, including hazard recognition and awareness involving typical safety and health subjects encountered in their occupied work areas and DOE sites when visiting on official business. Refresher training should be conducted every 2 years. Also, training should be provided to newly hired employees, and to those employees that are reassigned to another position within Headquarters, if that position involves more hazardous working conditions.

Headquarters employees should consult their immediate supervisor if at anytime they do not have the skills or knowledge to perform an assigned task in a safe or healthful manner.

# 4.5 Program Evaluation.

Title 29 CFR 1960.79 requires that FEOSH Program self-evaluations be developed and implemented. The Safety and Health Manager must conduct an annual programmatic review using the FEOSH Program Self-Assessment and Program Evaluation document. Results of the FEOSH Program review, as well as reviews from all other departmental FEOSH Programs, will be used to prepare the annual DOE report on occupational safety and health to the Secretary of Labor, as required by 29 CFR 1960. The Deputy Assistant Secretary for Safety and Health (EH-1) must prepare this report on behalf of the Secretary and may request, as appropriate, information from all Department organizations to complete the annual report.

EH will be the lead agent in the Department to track and report DOE's performance in achieving the goals and objectives of the Federal Worker 2001 Presidential Initiative.

Pursuant to Executive Order 12196, OSHA may conduct program evaluations or unannounced inspections of Federal workplaces. It is the Department's policy to cooperate with OSHA compliance personnel and seek their assistance in improving workplace safety and health.

## APPENDIX A

# **Environment, Safety and Health (EH) Subject Matter Experts**

EH is fortunate to have an abundance of highly trained and specialized safety and health professionals. Below is a listing of the EH subject matter experts who can provide management, employees, and employee representatives with additional information on specific hazards.

Beryllium	Jacqueline Rogers	301-903-5684		
	Paul Wambach	301-903-7373		
	David Weitzman	301-903-5401		
Chemical Safety	Gail Kleiner	301-903-5601		
Construction Safety	Pat Finn	301-903-9876		
Electrical Safety	Pat Tran	301-903-5638		
Ergonomics	Les Bermudez	301-903-9879		
	Carlos Coffman	301-903-6493		
FEOSH	Dennis Lubow	301-903-2075		
	Joseph Hopkins	301-903-5619		
Safety and Health				
Manger				
Fire Protection	Dennis Kubicki 301-9	003-4794		
Industrial Hygiene	Dave Pegram	301-903-9840		
	Nancy Hammond	301-903-1731		
Nuclear Safety	Dick Black	301-903-3465		
Occupational Medicine/				
Medical Surveillance	George Gebus	301-903-7385		
Radiation Protection	Peter O'Connell	301-903-5641		
Respiratory Protection	Dan Marsick	301-903-3954		
Toxicology	Janet Normandy	301-903-6757		
Violence in the Workplace	Ken Matthews	301-903-6398		

For additional information on the Department of Energy (DOE) Employee Assistance Program, contact Employee and Labor Relations Division (MA-353). The EH Portal is a valuable web site source for obtaining employee environment, safety and health (ES&H) information across the complex. Employees can access this web site at <a href="http://tis.eh.doe.gov/portal/">http://tis.eh.doe.gov/portal/</a>.

#### APPENDIX B

# **Common Workplace Hazards**

As the majority of Headquarters employees work in an office environment, the following is a listing of the most commonly occurring hazards found in this setting. The intent of listing the most common workplace hazards is to raise awareness and to ultimately provide employees protection against injury. Remember that the listing is not designed to be all-inclusive.

When visiting the Department of Energy (DOE) and DOE contractor facilities, employees must abide by site-specific safety and health programs. While on travel, if an employee has questions about worksite hazards, personal protective equipment, or safety and health protocols, contact the site safety and/or health personnel for guidance.

Headquarters employees should contact their supervisor, the EH subject matter experts listed in Appendix A of this document, or the Safety and Health Manager, in sequential order, should they need further direction or consultation concerning these or other work-related hazards.

#### A. Electrical Hazards.

Most offices contain a considerable amount of electrical equipment such as computers and small appliances like coffee makers, toasters, heaters, and fans. Caution should be used in setting up electrical equipment so as to prevent circuit overload and tripping hazards. Never daisy chain electrical/extension cords. Organize the office space so that cords are not crossing aisles or walkways. Before setting up electrical equipment, always inspect the integrity of the cord and appliance itself. If an electrical appliance appears faulty, stop using it immediately, unplug it and remove it from service, tag it as "non-operational," and report it to your supervisor. Always use an electrical appliance for its intended purpose only.

#### B. Fire Safety.

Every employee is responsible for promoting fire safety. Reporting real or potential fire hazards and ensuring those hazards are corrected are necessary actions that help to eliminate the risk of a fire. If a perceived fire hazard cannot be corrected on-the-spot, report it to your supervisor and facility management immediately. Keep work areas, exits (internal and external), and hallways free of clutter. Know the correct evacuation route from your work area.

#### C. Ergonomics.

Computer workstation and other office equipment should be configured to the comfort of the user. Position computer monitors so the top of the screen is at or below eye level. Chairs should be adjustable and provide support to the lower back and upper extremities. When seated, feet should either rest on the floor or on a footrest. If in doubt of the correctness of your computer workstation design or if you are experiencing ill-health effects possibly because of it, report it to your

supervisor and contact the EH Safety and Health Manager to schedule an ergonomics evaluation. If health effects persist, consult the Federal Employee Health Unit.

# **D.** Bloodborne Pathogens.

In the event of an accident, employees may need to administer first aid to a co-worker, thereby putting themselves at risk of exposure to blood or other body fluids. If providing first aid where blood or body fluids are present, employees should wear gloves or use a barrier (absorbent cloths topped with a plastic liner) to help reduce their risk of exposure. Washing hands vigorously with soap and water immediately following an exposure will also help to eliminate possible health risks. Employees need to report any such exposure to their supervisor and consult with the Federal Employee Health Unit as soon as possible.

# F. Violence in the Workplace

Workplace violence or other type of unprofessional physical or verbal conduct will not be tolerated within the Department. This type of behavior may result in disciplinary action, including termination of employment. As with any other type of workplace hazard, Headquarters employees are responsible for reporting incidents of this nature to their supervisor. The occurrence of employee violence should also be reported to the Safety and Health Manager and the Office of Employee Concerns (ED-5) on (202) 586-6530. At any time, if the threat of bodily harm is apparent, Headquarters employees should immediately call building security or "911" to report the incident to local law enforcement authorities.

# G. Housekeeping.

Clean, uncluttered, and organized work areas help minimize office-related accidents and employee injuries. Proper storage of paperwork, work materials, and equipment will also help the overall professional appearance of the work area. Discarding or archiving no longer needed documents/articles, regular cleaning and vacuuming, and avoiding fluid spills on carpeting and upholstered surfaces will support good indoor air quality and the overall safety and health of the work environment.

#### APPENDIX C

#### Radiation Protection for Headquarter Federal Employees

Because radioactive materials or radiation generating devices can be found at most Department of Energy (DOE) sites, a Federal employee visiting a DOE site, in many cases, may have to prepare for possible exposure to radiation or radioactive material. Under the system of radiation protection established by title 10 Code of Federal Regulation, part 835 (10 CFR 835), a site performing an activity that could result in exposure of an individual or individuals to ionizing radiation is responsible for establishing a program to protecting that individual from the effects of ionizing radiation. While the site is responsible for protecting all visitors to the site, it is prudent for Federal employees visiting the site to determine if there are any actions that should be taken in advance to meet site radiation protection requirements. In this way, time can be devoted most effectively to meeting the objectives of the visit. The following sections address aspects of radiation protection that should be considered before visiting a DOE site.

#### A. Training.

Training is required for unescorted access in the Controlled and Radiological areas of DOE sites. Thus, a site visitor needs to determine what areas of a site will be entered during the visit, and make arrangements for obtaining either training appropriate to the radiological hazard in those areas or a qualified escort. Training on core or generally applicable aspects of radiation protection is periodically available to Federal employees at DOE Headquarters. Training that is specific to a DOE site must be obtained at that DOE site.

#### **B.** Radiation Dose Monitoring.

Depending upon which area of a site is to be visited, personnel visiting a site may either be monitored for internal or external exposure to radiation. In most cases the visitor does not have to take any actions before the visit to be monitored for internal or external exposure to radiation. However, some sites may require a whole body count (a determination of internal radiation exposure by using detectors on the outside of the body) before permitting a person to enter an area where internal radiation exposure monitoring is required. The whole body count should be arranged before the visit. In addition, it is a good practice for site visitors to know their current radiation dose for the year, particularly if they have received more than

50 millirem (mrem) during the current year or if they are going to receive any significant amount of radiation dose as a result of the site visit. DOE Headquarters Federal employees are periodically provided records of their radiation dose from visits to DOE sites where they have been monitored.

## C. Protective Equipment.

For entry into areas of the site controlled because of the presence of contamination and airborne radioactive material, personal protective equipment such as anti-contamination clothing (anti-Cs) is always required and respiratory protection may be required. Typically, no advance preparations are needed for anti-Cs; however, it may be helpful to obtain training in putting on and taking off protective clothing if a full set of anti-Cs will be needed to visit a part of the site. This training is typically included in the training needed to gain access to areas that are controlled because of the presence of contamination or airborne radioactive material. If respiratory protection is needed as part of the site visit, the visitor must meet site requirements concerning respirator training, respiratory protection medical examination, and fit testing of the respirator. If the site agrees, the medical examination and training can be obtained at Headquarters before the visit. The fit test of the respirator must be performed on site and arrangements should be made before the visit to schedule a fit test upon arrival.

#### D. Records.

As can be seen above, it is a good practice to maintain current records of radiation dose monitoring, medical exams related to respirator use, and radiological training if a Federal employee plans routinely to visit DOE sites where exposure to contamination and airborne radioactive material is possible. The records coordinator of the employee's organization will identify where the records are maintained. Radiation dose monitoring results should be part of the Federal employee's occupational medical file. If provisions do not exist to have these records automatically incorporated into a Federal employee's medical file, the employee should personally forward copies of the monitoring records to their Headquarters health unit.

#### APPENDIX D

# Chronic Beryllium Disease Prevention Program (CBDPP) for Headquarters Federal Employees

Title 10 Code of Federal Regulations, part 850 (10 CFR 850), *Chronic Beryllium Disease Prevention Program*, published December 8, 1999, requires that responsible employers must implement a program to manage and control worker beryllium exposures in order to reduce the number of workers exposed and to ensure the early detection of chronic beryllium disease. Headquarters employees may conduct activities at the Department of Energy (DOE) facilities that present the potential for exposure to airborne beryllium particles. This appendix is the Department's CBDPP, as required by 10 CFR 850, for Headquarters federal employees who conduct activities at DOE facilities that present the potential for exposure to airborne beryllium particles.

# A. General Requirements.

Headquarters managers and employees must comply with the Federal Employee Occupational Safety and Health (FEOSH) Program for Headquarters Employees (this document) while visiting DOE facilities that may pose a risk of exposure to airborne beryllium particles.

Affected Deputy Assistant Secretaries (DAS) must designate a CBDPP point-of-contact to assist managers and employees, as well as the DAS, in implementing the CBDPP for Headquarters employees in their organization, and keeping track of CBDPP documentation and records.

Headquarters managers must, in giving assignments to Headquarters employees, assure that the employees' exposures will be at or below the action level; that the number of employees exposed and potentially exposed is minimized; that the opportunity for exposure to these employees is minimized; and that these employees' disability and lost work time due to beryllium disease, sensitization, and associated medical care is minimized.

Headquarters managers must set goals for, and keep track of, these employees' exposures and potential exposures, and beryllium-related medical status, to further reduce exposures below the action level established by 10 CFR 850. By January 7, of each year, beginning with the year 2001, affected DASs must submit to the EH Assistant Secretary an analysis of their employees' exposures and potential exposures, and beryllium-related medical status, and a proposal for exposure reduction and minimization goals for the ensuing year.

# B. Program at Facility to be Visited.

Headquarters employees must comply with the CBDPP of the facility to be visited. Headquarters managers must obtain and review with the employee the facility's CBDPP to ensure that the employee

is, or will be, in compliance when the activity involving beryllium begins.

# C. Specific Program Requirements.

Many of the specific program requirements of 10 CFR 850 do not apply to the Department as the responsible employer due to the type of job activities performed by Headquarters employees, e.g., oversight activities.

For example, the requirements to conduct a baseline beryllium inventory (10 CFR 850.20) and to establish regulated areas (10 CFR 850.26) do not apply to Headquarters because beryllium is not used in Headquarters offices.

Headquarters managers and employees complying with the specific requirements of a DOE-approved CBDPP plan of a facility being visited will be in compliance with the specific requirements of 10 CFR 850, Subpart C. These requirements include, but are not limited to sections 850.22 (permissible exposure limit), 850.23 (action level), 850.24 (exposure monitoring), 850.25 (exposure reduction and minimization), 850.26 (regulated areas), 850.27 (hygiene facilities), 850.28 (respiratory protection), 850.29 (protective clothing and equipment), 850.37 (training and counseling), and 850.38 (warning signs and labels).

Headquarters managers must comply with the requirements of sections 850.28 (respiratory protection), 850.34 (medical surveillance), 850.35 (medical removal), 850.36 (medical consent), 850.37 (training and counseling), and 850.30 (beryllium registry) by utilizing the services of the employee's Headquarters health unit. The Headquarter health unit (MA-353) is prepared to support the Deaprtment in providing the services needed for managers to comply with the requirements of sections 850.34-36, 850.37, the respirator fit testing requirement of section 850.28, and the counseling requirement of section 850.37. Where funding is an issue for MA, Headquarters managers may be required to provide the necessary funding, or make alternate arrangements, to ensure that employees are provided these services. When appropriate, Headquarters managers must arrange for reciprocity with the facility being visited by the employee, to accept the medical services (e.g., physical, respirator fit testing, etc.) provided by the Headquarter health unit.

All records generated as a result of the requirements of 10 CFR Part 850 must be maintained by the employee's Headquarter health unit for inclusion in the employee's medical surveillance program records. Headquarters managers must arrange for exposure results to be sent to the employee's Headquarter health unit for inclusion in the employee's medical surveillance record.

Headquarters managers must comply with 850.39 (performance feedback) by conducting periodic analyses and assessments of the monitoring results, medical surveillance, and exposure reduction and minimization data obtained (without personal identifiers) from the employee's Headquarter health unit.

#### APPENDIX F

# Occupational Health Medical Surveillance Program For Headquarters Federal Employees

The Dependent and Health Care Services Program has established medical surveillance protocols for a Headquarters Occupational Health Program to ensure the early detection of disease for workers who are exposed or potentially exposed to toxic and hazardous substances in the workplace.

# Chronic Beryllium Disease Prevention Program (CBDPP) for Headquarter Employees.

The CBDPP will enhance, supplement and be integrated into the existing Headquarters Occupational Health Program for the Department of Energy (DOE) Headquarters employees. This program is being structured in this manner to: (1) take advantage of the existing comprehensive medical surveillance program already implemented at DOE Headquarters; and

(2) minimize the burden on DOE managers by clarifying that managers need not establish redundant medical surveillance programs to protect employees from occupational exposure to beryllium.

The CBDPP is designed to reduce the number of workers exposed to beryllium, minimize the levels of and the potential for exposure to beryllium, establish medical surveillance requirements to ensure early detection of the disease, and to improve the state of information regarding chronic beryllium disease and beryllium sensitization for Headquarters employees.

#### **Specific CBDPP Requirements**

Many of the specific program requirements of 10 CFR 850, CBDPP, do not apply to a Headquarters manager as the responsible employer due to the type of job activities performed by Headquarters employees (e.g., oversight activities).

The Headquarters health unit will provide services needed for Headquarters managers to comply with the program requirements of sections 850.34 (medical surveillance), 850.35 (medical removal), 850.36 (medical consent), 850.30 (beryllium registry), the fit testing requirement of section 850.28 (respiratory protection), and the counseling requirement of section 850.37 (training and counseling).

The Headquarters health unit will assist Headquarters managers in arranging for reciprocity with the facility being visited by the employee, to accept the medical services (e.g., physical, respirator fit testing, etc.) provided by the Headquarter health unit.

The Headquarters health unit will maintain all records generated as a result of 10 CFR 850, for inclusion in the employee's medical surveillance program records. Headquarters managers must arrange for exposure results to be sent to the Headquarters health unit for inclusion in the employee's medical surveillance program records.

For any reason, if employees are unable to perform their normally assigned duties for medical or health

reasons, whether the cause is occupationally related or not, they should notify their supervisor immediately. It may also be advisable for the employee to contact the medical staff at the Federal Employee Health Unit, located at both Germantown and Forrestal facilities.

# APPENDIX G Respirator Program

The requirements for the Respirator Program are outlined in the OSHA 29 CFR 1910 General Industry Standards, 29 CFR 1926 Construction Standards, and American National Standards Institute (ANSI) Standard Z88.2, American National Standard for Respiratory Protection (currently under revision). The following guidelines apply only to all Federal employees.

#### A. Written Program.

This program shall be maintained by the designated Respiratory Protection Program Administrator in conjunction with the Headquarters Federal Employee Occupational Safety and Health (FEOSH) Program. It will be made readily available to all who wear respirators.

#### B. Hazard Assessment.

Before wearing a respirator, a hazard assessment at the proposed workplace should be performed. It is assumed that if a Site requires a Headquarters employee to wear a respirator, such an assessment should have been done and documented, according to the OSHA Standard and ANSI Z88.2.

#### C. Medical Evaluation

Where possible, medical evaluation for Federal employees will be done through the Headquarters Health Unit (following ANSI Z88.6, Respirator Protection - Respiratory Use - Physical Qualifications for Personnel (currently under revision)). A written certificate shall be issued and should be acceptable at most field sites. When necessary, field sites may administer medical evaluations (following ANSI Z88.6), in lieu of the Headquarters Health Unit.

#### **D.** Training

All those wearing respirators must receive proper training according to the OSHA Standard and ANSI Z88.2. These training elements presently include:

- Why the respirator is necessary and how improper fitting, usage, or maintenance can compromise the protective effect of the respirator;
- What are the limitations and capabilities of the respirator;
- How to use effectively the respirator in emergency situations, including situations in which the respirator malfunctions;
- How to inspect respirator seals;

- What are the procedures for maintenance and storage of the respirator;
- How to recognize medical signs and symptoms that may limit or prevent the effective use of respirators;
- Proper donning and doffing; and
- When to change a cartridge.

# E. Routine inspection, maintenance, storage, cleaning and disinfecting.

Routine inspection, maintenance, storage, cleaning and disinfecting of respiratory equipment should be the responsibility of the issuer, usually the field Site. The wearer is responsible for inspecting his respiratory equipment prior to and after its use. Such inspection could include cleanliness of the respirator, torn or loose straps, holes in the filter, broken or loose fittings, cracked or scratched facepieces, and missing parts.

#### F. Selection.

All respirators and air-supplied suits will be NIOSH-approved or approved under the DOE Respirator Acceptance Program. In most cases, the site provides the needed respiratory equipment.

# G. Fit Testing.

Fit testing should preferably be done at the Site, using the OSHA Standard protocol and Site-preferred respirators. In exceptional circumstances, the Headquarters Respiratory Program Administrator will arrange fit testing using a common respirator brand. Beards, low hairlines, glasses or goggles, and stubble may prevent proper user seal on a respirator. Quantitative fit testing is preferred. Fit testing must be done annually or more often as required by facial changes. Respirator pressure tests should always be done by the worker before entering a hazardous atmosphere.

**Program evaluation** of the Headquarters Respiratory Protection Program should be conducted once a year.